

Camp Schedule South Lake Tahoe July 17-21 2018

**Day 1
July 17**

12:30-2:00 Check-In
2:30-4:30 Session #1
Dinner
6:15-7:30 Session #2

***Early and Late Check-In available Upon Request**

**Day 2
July 18**

7:30-8:00 Scenic Morning Run
Breakfast
9:00-11:30 Session #1
11:30-12:00 Camp Talk / Staff Q&A
Lunch
1:30-3:30 Lake Activities
Dinner.
6:15-7:30 Session #2

**Day 3
July 19**

7:00-8:00 Hike
Breakfast
9:30-12:00 Beach Wrestling: Rules Clinic + Outdoor Practice
(Softball Field)
Lunch
1:00-3:00 Session #1
3:00-3:15 Break
3:15-3:30 Talk with Staff
3:30-5:00 Session #2
Dinner
Night session off, or wrestling-related games

**Day 4
July 20**

7:30-8:00 Breakfast.
8:00-12:00 Hike location TBA
Lunch
2:00-4:30 Session #1
Dinner
6:30-8:00 Session #2

**Day 5
July 21**

Beach Wrestling Tournament (see flyer at South Tahoe Wrestling Facebook Page for more details - all are welcome).
8:30-9:15 weigh in - 10 AM matches start
Location: TBA -- Campers will checkout at the close of the tourney at Beach 12:00-1:00.